

Full Report (All Nutrients) 45110113, MICHELINA'S, LEARN GOURMET, SALISBURY STEAK, UPC: 717854106306

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	213.0 g 213g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	181	85
Protein	g	--	--	10.99	5.16
Total lipid (fat)	g	--	--	6.01	2.82
Carbohydrate, by difference	g	--	--	21.00	9.86
Fiber, total dietary	g	--	--	1.9	0.9
Sugars, total	g	--	--	1.00	0.47
Minerals					
Calcium, Ca	mg	--	--	40	19
Iron, Fe	mg	--	--	1.45	0.68
Sodium, Na	mg	--	--	590	277
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	3.6	1.7
Vitamin A, IU	IU	--	--	100	47
Lipids					
Fatty acids, total saturated	g	--	--	2.492	1.170
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	30	14

Amino Acids

Other

Ingredients
WATER, SALISBURY STEAK (BEEF, WATER, CRUMBS, [BLEACHED WHEAT FLOUR, YEAST, SUGAR, SALT], TEXTURED VEGETABLE PROTEIN [SOY PROTEIN CONCENTRATE, CARAMEL COLOR], DEHYDRATED MINCED ONIONS, CELERY, SEASONING [SALT, TOMATO POWDER, BEEF EXTRACT, SPICES, MALTODEXTRIN, NATURAL FLAVORS], SALT), POTATO FLAKES AND GRANULES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID, FRESHNESS PRESERVED WITH SODIUM BISULFITE, BHA AND BHT), ONIONS, MUSHROOMS, LESS THAN 2% OF MILK SOLIDS (CREAM, MILKFAT, NONFAT MILK), MODIFIED FOOD STARCH, BEEF BROTH FLAVOR (BEEF BROTH, FLAVOR, SALT), CANOLA OIL, NONFAT

MILK SOLIDS (NONFAT MILK, WHEY SOLIDS [LACTOSE], VITAMIN A AND D3), GRANULATED ONION, VEAL FLAVOR CONCENTRATE (VEAL STOCK CONCENTRATE, SALT, NATURAL FLAVOR, YEAST EXTRACT, SUGAR), BEEF BASE (ROASTED BEEF AND CONCENTRATED BEEF STOCK, SALT, HYDROLYZED SOY, CORN AND WHEAT PROTEIN, CORN OIL, SUGAR, AUTOLYZED YEAST, FLAVORING, MALTODEXTRIN, WHEY, DEXTROSE, CARAMEL COLOR), MUSHROOM BASE (SAUTEED MUSHROOMS, HYDROLYZED SOY PROTEIN, MALTODEXTRIN [FROM CORN], BUTTER, MUSHROOM EXTRACTIVE, ONION POWDER, SUGAR, SALT, SPICE EXTRACTIVES), GRANULATED GARLIC, SALT, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YEAST EXTRACT, BEEF-TYPE FLAVOR (WATER, YEAST EXTRACT, NATURAL FLAVOR, SALT), POTASSIUM CHLORIDE, CARAMEL COLOR, CHILI PEPPERS, SPICES, CELERY SEED. *Date Last Updated by Company: 05/18/2016*